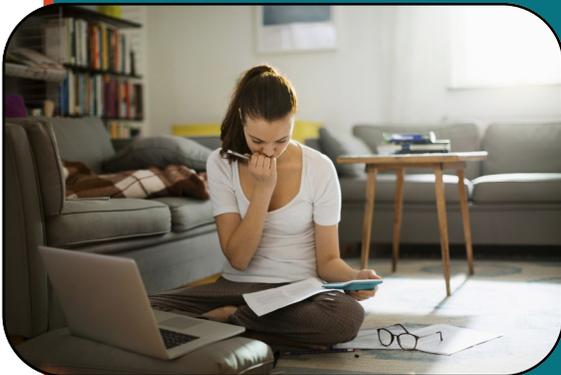


NORTH  
**Dakota** | Health  
Be Legendary.™

**Autism Spectrum Disorders  
Resource Booklet**



This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number B04MC32562, Maternal and Child Health Services. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be interred by HRSA, HHS or the U.S. Government.

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***Disclaimer***

*The content within this booklet is for informational purposes only. It is not intended to be a substitute for professional medical advice. Families are encouraged to discuss the information in this booklet with their child’s doctor or other health care providers.*

# What is an Autism Spectrum Disorder?

Autism spectrum disorder (ASD) is a group of developmental disabilities that can cause significant social, communication, and behavioral challenges.

*“Autism spectrum disorder (ASD) is a complex developmental disability; signs typically appear during early childhood and affect a person’s ability to communicate and interact with others. ASD is defined by a certain set of behaviors and is a “spectrum condition” that affects individuals differently and to varying degrees. There is no known single cause of autism, but increased awareness and early diagnosis/intervention and access to appropriate services/supports lead to significantly improved outcomes. Some of the behaviors associated with autism include delayed learning of language; difficulty making eye contact or holding a conversation; difficulty with executive functioning, which relates to reasoning and planning; narrow, intense interests; poor motor skills and sensory sensitivities. Again, a person on the spectrum might follow many of these behaviors or just a few, or many others besides. The diagnosis of autism spectrum disorder is applied based on analysis of all behaviors and their severity.”*

-The National Autism Society ([autism-society.org/what-is/](http://autism-society.org/what-is/))



# Specialty Health Services

For nearly all children on the autism spectrum, evaluation by an experienced team of professionals is necessary for an accurate diagnosis and optimal treatment plan. Families are essential partners to the team, as they are the principle caregivers and center of strength and support for children.



## Diagnostic Clinics

### Altru's Pediatric Developmental Clinic

This clinic serves children considered to be at risk for developmental issues. Located in Altru's Main Clinic, the Pediatric Developmental Clinic integrates physical and occupational therapy screenings, as well as nutrition services with the child's physician appointment. Together, the team determines if the child has a need for additional services.

#### Grand Forks

1000 South Columbia Road

Grand Forks, N.D. 58201

Phone: 701.780.6110 [altru.org/services/pediatrics/therapy](http://altru.org/services/pediatrics/therapy)

### Anne Carlsen Center

The Anne Carlsen Center provides a thorough evaluation for families seeking to determine if their child meets criteria for ASD. The diagnostic team includes a pediatrician, behavior support coordinator, occupational therapist, and speech language pathologist. The evaluation is conducted in a clinical setting utilizing formal and informal assessment tools. Clinics are held twice monthly in Jamestown at the Anne Carlsen Center; each child is typically seen over the course of half of a day. Family members are present during the evaluation to answer questions and offer insight. Families meet with the team that same day to discuss results. For more information, visit [annecarlsen.org](http://annecarlsen.org).

#### Jamestown

701 3rd St. NW

Jamestown, N.D. 58402

Phone: 701.252.3850

Phone: 800.568.5175

## Great Plains Interdisciplinary Autism Diagnostic Clinic (GPIC)

Special Health Services (SHS) supports autism clinics in Williston and Minot. The purpose of these clinics is to provide diagnostic services, including screening and follow-up services, to referred children following the best practice interdisciplinary model. Referrals most often are made by local providers, but can also be made by families. Children are screened at the clinic in an arena-style format. In this environment, the interdisciplinary team works in one room with the family present to perform screening and provide recommendations to the family. The sites for the ASD clinics are listed below:

### Belcourt

Turtle Mountain Head Start  
1010 Carole James Street  
Belcourt, N.D. 58316  
Phone: 701.858.3286

### Williston

Northwest Human Service Center  
316 2nd Ave. W.  
Williston, N.D. 58801  
Phone: 701.858.3286

### Minot

Minot State University Campus  
500 University Ave. W.  
Minot, N.D. 58707  
Phone: 701.858.3286

GPIC's Family Support Specialist  
Phone: 701.858.3286

## Neuropsychology Associates, P.A.

Neuropsychology Associates, P.A. provides comprehensive neuropsychological services across the lifespan including neuropsychological assessment of children, adolescents, and adults with a wide range of medical, developmental, cognitive, and behavioral disorders. For more information, visit [neuropsychnd.com](http://neuropsychnd.com).

### Fargo

1220 Main Ave., Suite 100  
Fargo, N.D. 58103  
Phone: 701.297.7588

## Pediatric Therapy Partners Neurobehavioral Health

Pediatric Therapy Partners Neurobehavioral Health is a group of pediatric professionals specializing in neurobehavioral, mental health, occupational, physical and speech-language services from birth through adolescents. For more information, visit [pediatrictherapypartners.com/neurobehavioral-health](http://pediatrictherapypartners.com/neurobehavioral-health).

### Fargo

3060 Frontier Way S.  
Fargo, N.D. 58104  
Phone: 701.232.2330 888.875.5262

### Bismarck

4501 Coleman St. N., Suite 103  
Bismarck, N.D. 58503  
Phone: 701.751.6336

### Altru's Rehab Autism Diagnostic Clinic (Grand Forks)

This clinic is held six times per year and features a multidisciplinary team that eliminates the need for parents to attend multiple appointments on different days. Parents and providers who have concerns regarding a child's development have access to the screening clinic at no cost.

Altru's Rehab Autism Diagnostic Clinic  
1300 Columbia Road S.  
Grand Forks, N.D. 58201  
Phone: 701.780.2481

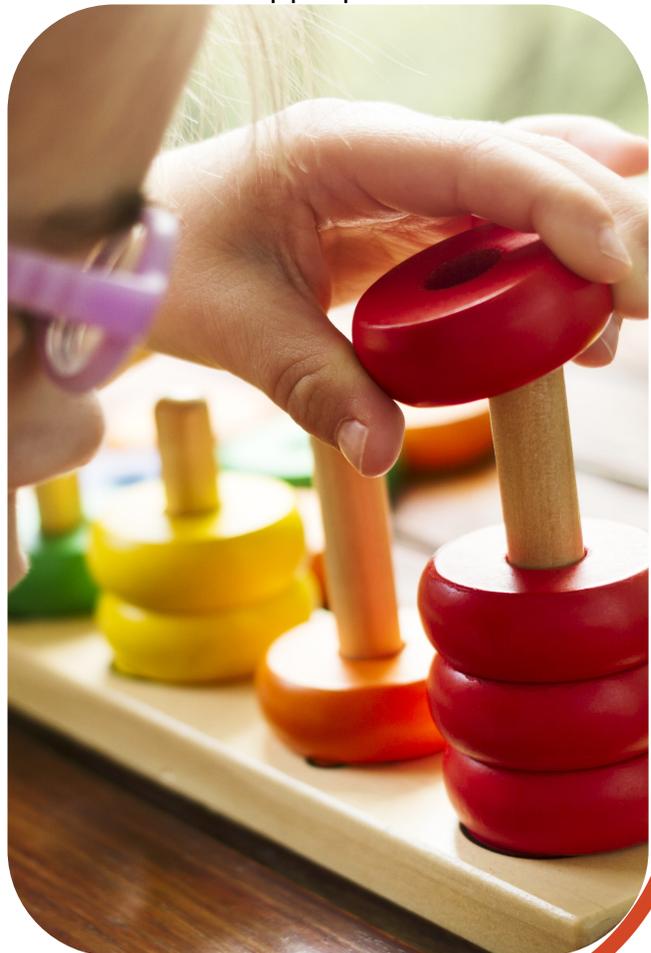
### Sanford Health's Pediatric Developmental Evaluation Clinic

This clinic is for any child (age 6 months and older) warranting a full developmental assessment. Each child is evaluated by a speech therapist, occupational therapist, pediatrician, psychologist, and dietician. Families are also seen by a medical social worker and a registered nurse. Diagnosis of an ASD facilitates at least one follow-up visit with the child and family. These visits are intended to monitor the child's progress and ensure that appropriate services are in place for the child and family.

#### Fargo

Sanford Health's Coordinated  
Treatment Center  
Phone: 701.234.6600 or 800.828.2901

\*For more information about ASD clinics,  
review the following link:  
[ndhealth.gov/cshs/clinic.htm](http://ndhealth.gov/cshs/clinic.htm).



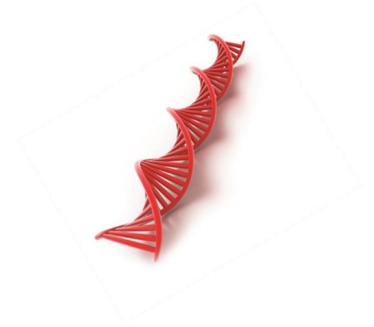
# Genetic Services

Genetic testing is used to identify DNA changes associated with specific medical conditions. Genetic testing can help determine whether a person has a genetic disease, whether it has been inherited, and the chance for future children or other family members to have the same condition.

Genetic/Birth Defect Clinics are held periodically throughout the state. For clinic schedule information, contact Special Health Services toll-free at 800.755.2714.

## Sanford Children's Broadway Clinic

737 Broadway  
Fargo, N.D. 58102  
Phone: 701.234.2362  
[sanfordhealth.org/medical-services/genetics](http://sanfordhealth.org/medical-services/genetics)



## Sanford Health Genetic Counseling

222 North 7th St.  
Bismarck, N.D. 58501  
Phone: 701.323.8030

Women's Medical Center  
414 North 7th St.  
Bismarck, N.D. 58501  
701.323.5870

[sanfordhealth.org/medical-services/genetics/genetic-counseling](http://sanfordhealth.org/medical-services/genetics/genetic-counseling)

## InformedDNA Telephone Genetic Counseling

Phone: 800.975.4819  
[informeddna.com](http://informeddna.com)

## MSSNG

MSSNG aims to sequence the complete genomes of 10,000 individuals affected by autism and their families. Autism Speaks is collaborating with Google to store sequenced data from MSSNG on the Google Cloud Platform, providing an open resource for scientists worldwide to access and share ASD research. MSSNG is a significant milestone in advancing genomic research of ASD and could lead to breakthroughs in causes, subtypes, and better diagnosis and treatment for the disorder. For more information, visit [mss.ng](http://mss.ng).

# Interventions for Autism Spectrum Disorders

**There are a number of behavioral and educational interventions currently available for individuals with ASD. Not every treatment may be appropriate for every child.**

One way to determine if a particular treatment may be effective is to evaluate the research. The Evidence-Based Practices (EBP) Report from The National Professional Development Center utilizes a Strength of Evidence classification system to demonstrate the EBP's confidence about the efficacy of a specific intervention. Ratings reflect the quality, quantity, and consistency of research findings. The EBP can be found online at [autismpdc.fpg.unc.edu/node/21](http://autismpdc.fpg.unc.edu/node/21).

It is also important that you speak with your child's physician to discuss the different therapy options.

## Websites for Evidence Based Interventions

### Applied Behavior Analysis (ABA)

[abaresources.com](http://abaresources.com)  
[aba4autism.net](http://aba4autism.net)  
[bacb.com](http://bacb.com)

### Ohio Center for Autism and Low Incidence (OCALI)

OCALI serves families, educators, and professionals working with students with autism and low-incidence disabilities, including autism spectrum disorders, multiple disabilities, orthopedic impairments, other health impairments, and traumatic brain injuries. OCALI's mission is to build state and system-wide capacity to improve outcomes through leadership, training and professional development, technical assistance, collaboration, and technology. Visit [ocali.org](http://ocali.org) for more information.



Free training modules on various interventions are located at [autisminternetmodules.org/user\\_mod.php](http://autisminternetmodules.org/user_mod.php).



## The University of North Carolina TEACCH Autism Program

This university-based system of community regional centers offers a set of core services along with unique demonstration programs meeting the clinical, training, and research needs of individuals with ASD, their families, and professionals. The TEACCH Autism Program provides clinical services such as diagnostic evaluations, parent training and parent support groups, social play and recreation groups, individual counseling for higher-functioning clients, and supported employment.

In addition, TEACCH Autism Program conducts training nationally and internationally and provides consultation for teachers, residential care providers, and other professionals from a variety of disciplines. Learn more at [teacch.com](http://teacch.com).

Many interventions exist for ASD; yet, scientific research has found only some of these interventions to be effective. The interventions that researchers have shown to be effective are called evidence-based practices (EBPs). One reason for using EBPs is because, by law, teaching practices must be based on evidence of effectiveness. Learn more at [autismpdc.fpg.unc.edu/node/19](http://autismpdc.fpg.unc.edu/node/19).

# Therapy Providers for Autism Spectrum Disorders (Physical Therapy, Occupational Therapy, and Speech)

## Bismarck

**CHI St. Alexius Pediatric Therapy**  
701.530.8200  
[chistalexiushealth.org/our-services/pediatric-therapy](http://chistalexiushealth.org/our-services/pediatric-therapy)

**The Kid's Therapy Center, LLC**  
701.751.0384  
[thekidstherapycenter.com](http://thekidstherapycenter.com)

**Pediatric Therapy Partners**  
888.875.5262/701.751.6336  
[pediatrictherapypartners.com](http://pediatrictherapypartners.com)

**Red Door Pediatric Therapy**  
701.222.3175  
[reddoorpediatric.com](http://reddoorpediatric.com)

**Sanford Health Pediatric Rehabilitation**  
701.323.6097  
[bismarck.sanfordhealth.org/rehab/pediatric.asp](http://bismarck.sanfordhealth.org/rehab/pediatric.asp)

**The Enrichment Garden, Inc.**  
701-258-1569  
[theenrichmentgardennd.com](http://theenrichmentgardennd.com)

**Poppy's Promise**  
701-204-7870 [poppyspromise.com](http://poppyspromise.com)

## Dickinson

**Rehab Visions**  
701.483.9400  
[dickinson.rehabvisions.com](http://dickinson.rehabvisions.com)

## Fargo

**Beyond Boundaries Therapy Services**  
701.356.0062  
[beyondboundaries.us](http://beyondboundaries.us)

**Essentia Health Pediatric Therapy Services**  
701.364.3309  
[essentiahealth.org](http://essentiahealth.org)

**Great Kids Therapy**  
701.261.4643  
[greatkidstherapy.com](http://greatkidstherapy.com)

**North Dakota Autism Center, Inc.**  
701.277.8844  
[ndautismcenter.org](http://ndautismcenter.org)

**Pediatric Therapy Partners**  
888.875.5262/701.232.2340  
[pediatrictherapypartners.com](http://pediatrictherapypartners.com)

**Sanford Health**  
701.234.2000  
[sanfordhealth.org/medical-services/childrens](http://sanfordhealth.org/medical-services/childrens)

## Grand Forks

**Altru Health System Pediatric Therapy Services**  
701.780.2477  
[altru.org/services/pediatric-therapy](http://altru.org/services/pediatric-therapy)

**Little Miracles, Inc.**  
701.772.3851  
[littlemiraclesinc.com](http://littlemiraclesinc.com)

## Harvey

**Positive Progressions Therapy**  
701.324.4192

## Hettinger

**West River Health Services**  
701.567.4561  
[wrhs.com](http://wrhs.com)

## Jamestown

### Anne Carlsen Center – Outpatient Therapy Services

701.252.3850 800.568.5175

[annecarlsen.org](http://annecarlsen.org)

### Jamestown Regional Medical Center

701.952.4800

[jrmcnd.com](http://jrmcnd.com)

## Minot

### Minot Center for Pediatric Therapy

701.837.9801

### Trinity Health

701.857.5286

[trinityhealth.org](http://trinityhealth.org)

## Valley City

### CHI Mercy Hospital

701.845.6400

[mercyhospitalvalleycity.org](http://mercyhospitalvalleycity.org)

## Williston

### CHI St. Alexis Health

701.774.7400

[Chistalexiushealth.org/williston](http://Chistalexiushealth.org/williston)

### Chatter Pediatric Therapy

701.580.8788

[Chattertherapy.com](http://Chattertherapy.com)



*\*This is not an all-inclusive list reflective of all therapies available throughout the state. Additional resources may be available online.*

### About Occupational Therapy

[webmd.com/brain/autism/benefits-of-occupational-therapy-for-autism](http://webmd.com/brain/autism/benefits-of-occupational-therapy-for-autism)

[aota.org/about-occupational-therapy.aspx](http://aota.org/about-occupational-therapy.aspx)

### About Speech Therapy

[webmd.com/brain/autism/benefits-speech-therapy-autism](http://webmd.com/brain/autism/benefits-speech-therapy-autism)

[asha.org/Practice-Portal/Clinical-Topics/Autism/](http://asha.org/Practice-Portal/Clinical-Topics/Autism/)

# State Programs and Services

## Autism Waiver

This waiver provides services for young children who have a diagnosis of ASD. The waiver gives families access to an evaluation team that can validate their child's diagnosis and serve as a resource for the family's local service providers.

- Service Management
- Skills Training
- Program Design & Monitoring
- Respite Care
- Assistive Technology

ASD Services

Phone: 701.328.8912

[nd.gov/dhs/autism/](http://nd.gov/dhs/autism/)

## Autism Voucher

The voucher program helps pay for assistive technology, training, and other approved support services that help meet the unique needs of children with ASD.

Vouchers are provided totaling up to \$12,500 per year, per qualifying child, to help eligible families with the cost of supporting a child with ASD.

## Autism Spectrum Disorder Database

The Division of Special Health Services (SHS) within the ND Department of Health administers an Autism Spectrum Disorder Database that includes records of all reported cases of ASD in North Dakota.

Special Health Services

Phone: 701.328.2436

[ndhealth.gov/cshs/autism.htm](http://ndhealth.gov/cshs/autism.htm)

## Developmental Disabilities Division

The Developmental Disabilities Division within the ND Department of Human Services provides services to North Dakota citizens of all ages with developmental disabilities.

Developmental Disabilities Division

Phone: 800.755.8529

[nd.gov/dhs/services/disabilities](http://nd.gov/dhs/services/disabilities)

## Intellectual Disabilities/Developmental Disabilities Waiver

This waiver assists eligible individuals with intellectual disabilities and developmental disabilities to remain living at home and in the community. It serves individuals through the lifespan (both children and adults). Services offered under the waiver include Developmental Disabilities Program Management; Infant Development (for children from birth to age 3); In-Home Supports; Assistance with transportation costs, equipment, supplies, and environmental modifications; and Adult services such as day services, job coaching, and residential services. Apply by contacting the Developmental Disabilities Unit at one of the regional human service centers. Visit [www.nd.gov/dhs/locations/regionalhsc/](http://www.nd.gov/dhs/locations/regionalhsc/) for more information.

## Health Tracks/EPSDT

Federal law requires state Medicaid programs to offer Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) to all Medicaid-eligible children under age 21. EPSDT is designed to ensure that children in low income families receive the health check-ups and treatments they need. The EPSDT benefit entitles eligible children and adolescents to all necessary screening, diagnostic, and treatment services.

Free preventive health-screening services are offered to children enrolled in Medicaid from birth to age 21.

### Children may receive:

- Childhood immunizations
- Dental screening
- Developmental screening
- Hearing screening
- Lab tests
- Lead screening
- Mental health screening
- Other specialty care if needed
- Orthodontic treatment (braces for teeth)
- Physical examination including a health history
- Prescription drugs
- Vision care
- Vision screening

Simply contact your local county social service office or local public health unit. They will help schedule a Health Tracks appointment. For more information, call 1.800.755.2604.



# Family Support Services

## Anne Carlsen Center

The Anne Carlsen Center offers a rich tradition of empowering individuals with disabilities and their families. Their experienced staff provides compassion, training, services and support in homes and communities across North Dakota. On the Jamestown campus, they meet the educational, residential and therapeutic needs of children and young adults with autism, behavior disorders, medical fragility and other developmental disabilities. They also provide services in the home through customized support for individuals from birth to age 21. In addition, through their community-based services (i.e., in-home supports and community day support), Anne Carlsen accommodates individuals of all ages, including adults. For more information about services in the Dickinson location, call 701.934.1144 or visit: [annecarlsen.org](http://annecarlsen.org).

## Bismarck (also covering Dickinson)

1929 N. Washington St., Suite G  
Bismarck, N.D. 58501  
701.751.3732  
800.201.8672

## Jamestown

701 3rd St. NW  
Jamestown, N.D. 58402  
701.252.3850  
800.568.5175

## Fargo

4152 30th Ave. S., Suite 102  
Fargo, N.D. 58104  
701.364.2663  
800.201.8672

## Minot

1408 20th Ave. SW, Ste. 7  
Minot, N.D. 58701  
701.858.0009

## Grand Forks

2016 S. Washington St.  
Grand Forks, N.D. 58201  
701.757.4200  
888.815.3770

## Devils Lake

218 4th St. NW.  
Devils Lake, N.D. 58301  
701.662.6324

## Bottineau

1 Winter Park Road  
Bottineau, N.D. 58318  
701.263.4556



## Child Care Assistance Program

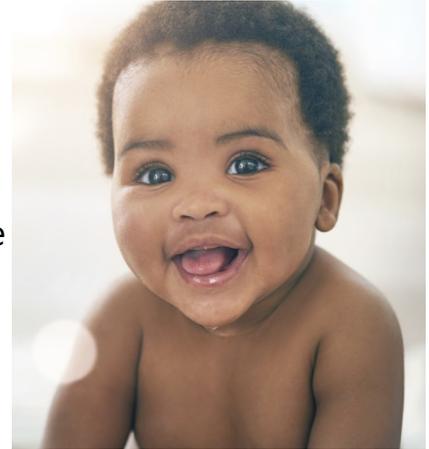
This program provides financial assistance to low-income families for child care costs.

North Dakota Department of Human Services  
600 East Boulevard Ave., Dept. 325, Bismarck, N.D. 58505  
Phone: 701.328.2332  
Toll-Free: 800.855.2716  
[nd.gov/dhs/services/financialhelp/childcare.html](http://nd.gov/dhs/services/financialhelp/childcare.html)

## Child Care Aware

Child Care Aware provides assistance locating child care and other related services. Call Child Care Aware at 800.997.8515 or visit [ndchildcare.org](http://ndchildcare.org) for more details.

**Bismarck** –701.530.2525  
**Fargo** –701.476.6820  
**Grand Forks** –701.787.7755  
**Jamestown** –701.252.0350  
**Minot** –701.418.1430



## Center for Parent Information and Resources (CPIR)

CPIR serves as a central resource of information and products to the community of Parent Training Information (PTI) Centers and the Community Parent Resource Centers (CPRC's), so that they can focus their efforts on serving families of children with disabilities. Visit [parentcenterhub.org](http://parentcenterhub.org) for more information.

## Early Intervention (Infant Development)

This is a service designed to help families with children from birth to age three with disabilities and/or developmental delays. The goal of this program is to support the child and their family in gaining skills and fully participating in their natural environment. By partnering with families, ND Early Intervention provides them with the tools and support they need to help their child be successful. Qualifying families have access to a wide array of therapeutic professionals, as well as a Service Coordinator (DD Program Manager) and an experienced parent. Anyone, including family members, can refer a child for a free developmental evaluation, with eligibility based on the following criteria:

- Displays a 50 percent delay in any area of development (cognition, communication, motor, self-help or social emotional skills).
- Displays a 25 percent delay or more in any two areas of development.
- Has a diagnosis or disability that impairs typical development.
- Has a significant health condition that puts them at high risk for developmental delays.

Another component to ND Early Intervention is Right Track. Right Track provides a variety of services to families, which include developmental screenings, referrals to community resources, serving as a resource to parents, etc. To make a referral, or to learn more, call the Developmental Disabilities Services Division at 800.755.8529 or visit [nd.gov/dhs/services/disabilities](http://nd.gov/dhs/services/disabilities).

For other developmental disabilities, contact the Human Service Centers of North Dakota at one of these regional offices:

#### **Bismarck**

West Central Human Service Center  
Phone: 701.328.8888 or 888.328.2662

#### **Grand Forks**

Northeast Human Service Center  
Phone: 701.795.3000 or 888.256.6742

#### **Devils Lake**

Lake Region Human Service Center  
Phone: 701.665.2200 or 888.607.8610

#### **Jamestown**

South Central Human Service Center  
Phone: 701.253.6300 or 800.260.1310

#### **Dickinson**

Badlands Human Service Center  
Phone: 701.227.7500 or 888.227.7525

#### **Minot**

North Central Human Service Center  
Phone: 701.857.8500 or 888.470.6968

#### **Fargo**

Southeast Human Service Center  
Phone: 701.298.4500 or 888.342.4900

#### **Williston**

Northwest Human Service Center  
Phone: 701.774.4600 or 800.231.7724

### **Early Intervention Partners**

Early Intervention Partners serves children from birth to three years of age. Families are taught to incorporate learning opportunities into their everyday routines. Families are assisted with finding the right supports and connections to make their child successful in life. For more information, visit [pediatrictherapypartners.com/neurobehavioral-health](http://pediatrictherapypartners.com/neurobehavioral-health).

#### **Fargo**

3060 Frontier Way S.  
Fargo, N.D. 58104  
Phone: 701.232.2340 888.875.5262

### **Family Voices of North Dakota**

This is a health care information and education center, which includes the Parent to Parent Project, a program that offers emotional support to families. Contact 701.493.2634 or 888.522.9654, or visit [fvnd.org/site](http://fvnd.org/site) for more details.

### **ND Federation of Families for Children's Mental Health**

Federation of Families provides support and advocacy for children's mental health. Call 701.222.3310 or visit [ndffcmh.org](http://ndffcmh.org) for more information.

## Legal Services of North Dakota

Legal Services of North Dakota provides legal assistance for a variety of matters to low income and elderly North Dakotans.

418 East Broadway, #7  
Bismarck, N.D. 58501  
Phone: 701.258.4270 or 800.634.5263  
[legalassist.org](http://legalassist.org)

## National Alliance on Mental Illness North Dakota

This organization offers meetings and training opportunities throughout North Dakota that focus on education and support for consumers, families and friends.

2242 Springbrook Ct.  
Grand Forks, N.D. 58201  
Phone: 701.746.5380  
[namind.org](http://namind.org)

## North Dakota Autism Center, Inc. (NDAC)

The NDAC offers the Family Support Services (FSS) Program which offers support to people on the Developmental Disabilities Waiver of North Dakota. It is designed to provide support for family members who need to take time away from their responsibilities as a primary caregiver by assisting clients with activities of daily living and community support. This can take place while the primary caregiver is home, but unavailable to care for the person, or away from home.

647 13th Ave. E.  
West Fargo, N.D. 58078  
Phone: 701.277.8844  
[ndautismcenter.org](http://ndautismcenter.org)

## North Dakota Autism Connection

The ND Autism Connection is a Bismarck-based non-profit organization. Their mission is to provide a support network which unites families through education and awareness. ND Autism Connection is also the host of the Bismarck-Mandan Autism Walk.

PO Box 7418  
Bismarck, N.D. 58507-7418  
Phone: 701.425.6151  
[ndautismconnection.org](http://ndautismconnection.org)



## Pathfinder Services of North Dakota

Statewide parent training is offered and information provided to help families of children and youth with learning difficulties.

Town and Country Center  
1015 S Broadway, Suite 42  
Minot, N.D. 58701  
Phone: 701.837.7500 or 800.245.5840  
[pathfinder-nd.org](http://pathfinder-nd.org)

## Protection and Advocacy Project (P&A)

P&A advocates for the legal rights of North Dakotans with disabilities.

400 East Broadway, Suite 409  
Bismarck, N.D. 58501  
Phone: 701.328.2950 or 800.472.2670  
Fax: 701.328.3934  
[ndpanda.org](http://ndpanda.org)

## Red River Valley Aspergers-Autism Network

This group provides education, advocacy, and support for individuals with ASD and their families.

4152 30th Ave., Suite 102  
Fargo, N.D. 58104  
Phone: 701.566.1675  
[rrvan.net](http://rrvan.net)

## Ronald McDonald House Charities

Temporary residence is provided near the medical facility where family members can sleep, eat, relax and find support from other families in similar situations. In return, families are asked to make a donation, but if that isn't possible, the stay is free.

**Bismarck**  
609 North 7th St.  
Bismarck, N.D. 58501  
Phone: 701.258.8551  
[rmhcbismarck.org](http://rmhcbismarck.org)

**Fargo**  
1330 18th Ave. S.  
Fargo, N.D. 58103  
Phone: 701.232.3980  
[rmhcfargo.org](http://rmhcfargo.org)

## Williston Autism Support Group

This is a parent-led support group for parents, foster parents, and caretakers of children anywhere on the spectrum. Call 701.609.2937 or 701.570.4647 for more details.

# Military Resources

## Medical

Tricare  
Phone: 877.988.9378  
[tricare.mil](http://tricare.mil)

## Exceptional Family Member Program

The Air Force's Exceptional Family Member Program (EFMP) is designed to provide support to military family members with special needs. EFMP is comprised of three components which work together to support military members and their families.

### Minot Air Force Base

Phone: 701.723.5527

### Grand Forks Air Force Base

Phone: 701.747.5591



## Autism Care Today

This national organization's mission is to raise awareness and provide treatment services and support to families to help their children with ASD achieve their full potential. Visit [act-today.org](http://act-today.org) for more information.

## Military OneSource

Military OneSource offers policy and programmatic information, helpful resources, products, articles and tips on numerous topics related to military life. Confidential services are available 24 hours a day by telephone and online. In addition to the website support, Military OneSource offers confidential call center and online support for consultations on a number of issues such as spouse education and career opportunities, issues specific to families with a member with special needs, health coaching, financial support, and resources.

Phone: 800.342.9647  
[militaryonesource.mil](http://militaryonesource.mil)

# Statewide Tribal Programs

## Fort Berthold Indian Reservation - Three Affiliated Tribes

[mhanation.com](http://mhanation.com)

- Elbowoods Memorial Health ..... 701.627.4750
- Community Health Representative
  - ..... New Town ..... 701.627.4340
  - ..... Mandaree ..... 701.421.4188
  - ..... Parshall ..... 701.898.8532
  - ..... Twin Buttes ..... 701.898.1273
  - ..... White Shield ..... 701.743.4178

## Standing Rock Indian Reservation

[standingrock.org](http://standingrock.org)

- Public Health Service Hospital ..... 701.854.3831
- Community Health Representative
  - ..... Fort Yates ..... 701.854.3856
  - ..... Cannonball ..... 701.854.9926
- Tribal Health ..... 701.854.7206
- Early Childhood Tracking ..... 701.854.3678

## Fort Totten Indian Reservation - Spirit Lake Nation

[spiritlakenation.com](http://spiritlakenation.com)

- Spirit Lake Health Center ..... 701.766.1600
- Tribal Health ..... 701.766.4236
- Community Health Representative ..... 701.766.4236
- Early Childhood Tracking ..... 701.766.1248

## Trenton Indian Service Area

[mytisa.org](http://mytisa.org)

- Trenton Community Clinic ..... 701.774.0461
- Community Health Representative Coordinator ..... 701.774.0303
- Tribal Health ..... 701.774.0461

## Turtle Mountain Indian Reservation

[tmchippewa.com](http://tmchippewa.com)

- Quentin Burdick Health Facility ..... 701.477.6111 or 701.477.8429
- Community Health Representative ..... 701.477.5696
- Tribal Health ..... 701.477.6120

# Information and Referral Services

## Autism Services

Autism-specific services and supports are offered to children and their families while working collaboratively with providers and agencies across the state. Services include the Autism Voucher, Autism Spectrum Disorders Medicaid Waiver, and statewide training efforts.

North Dakota Department of Human Services  
600 East Boulevard Ave., Dept. 325  
Bismarck, N.D. 58505  
Phone: 701.328.8912  
[nd.gov/dhs/autism](http://nd.gov/dhs/autism)

## Behavioral Health Services

Behavioral Health Services provides leadership for the planning, development, and oversight of a system of care for children, adults, and families with severe emotional disorders, mental illness, and/or substance abuse issues.

North Dakota Department of Human Services  
Behavioral Health Services  
1237 West Divide Ave., Suite 1C  
Bismarck, N.D. 58501  
Phone: 701.328.8920  
[nd.gov/dhs/services/mentalhealth](http://nd.gov/dhs/services/mentalhealth)



## Special Health Services (SHS)

The mission of the Division of Special Health Services is to promote a system of care and services that improves the health and well-being of individuals with special health care needs and their families. Cross-cutting implementation strategies at the heart of all SHS programs include:

- Care Coordination
- Collaboration
- Data-informed Decisions
- Information and Education

### Programs and Services

**Coordinated Services Program:** Provides services and resources that support coordinated management of specific chronic health conditions.

**Financial Coverage Program:** Helps families pay for medical services for eligible children, youth, and young adults who require specialty care to diagnose and treat their chronic health conditions.

**Newborn Screening and Follow-up Program:** The goal of this program is to identify conditions at an early age when treatment and intervention can prevent health problems, support early development, and save lives.

**Children with Special Health Care Needs System Enhancement Program:** Improves health outcomes of Children with Special Health Care Needs (CSHCN) by advancing a quality, comprehensive system of care that promotes the healthy development and well-being of children and their families.

North Dakota Department of Health  
State Capitol – Judicial Wing  
600 East Boulevard Ave., Dept. 301  
Bismarck, N.D. 58505  
Phone: 701.328.2436  
Toll-free: 800.755.2714  
Relay TDD: 800.366.6888  
[ndhealth.gov/cshs/](http://ndhealth.gov/cshs/)

## County Social Services

County Social Services administer economic assistance and social service programs. To inquire about assistance, please check your local phone book under county government or visit [nd.gov/dhs/locations/countysocialserv](http://nd.gov/dhs/locations/countysocialserv).

## North Dakota Department of Public Instruction (DPI)

Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2277 or locate your local special education unit at [dpi.state.nd.us](http://dpi.state.nd.us).

## Pediatricians and Family Doctors

All children benefit from a medical home. A medical home is not a building, but rather an approach to providing comprehensive medical care. In a medical home, a physician or other medical provider works in partnership with the family/patient to assure that the medical and non-medical needs of the child/youth are met. Through this partnership, medical providers can help families access and coordinate specialty care, educational services, out-of-home care, family support, and other public and private community services that are important to the overall health of the child and family. Contact SHS at 701.328.2436 for a list of primary doctors who practice in ND.

## Public Health

Local public health units provide a variety of services such as immunizations, tobacco use prevention, high blood pressure screening, injury prevention screening, blood lead screening, Early and Periodic Screening Diagnosis & Treatment, home visits, high-risk infant follow-up, general child health services, community wellness programs, and school health screenings. Visit [ndhealth.gov/localhd](http://ndhealth.gov/localhd) for details.

## Transition to Independence Program

This program provides wraparound case management for transition aged youth/young adults at risk as they transition to adult services.

North Dakota Department of Human Services  
600 East Boulevard Ave., Dept. 325  
Bismarck, N.D. 58505  
Phone: 701.328.2310

## Vocational Rehabilitation

Vocational Rehabilitation assists individuals with disabilities to improve their employment opportunities and to assist businesses in finding solutions to their disability-related issues.

North Dakota Division of Vocational Rehabilitation  
1237 West Divide Ave., Suite 1B  
Bismarck, N.D. 58501  
Phone: 701.328.8950, Toll-Free: 800.755.2745  
E-mail: [dhsvr@nd.gov](mailto:dhsvr@nd.gov)  
[nd.gov/dhs/dvr](http://nd.gov/dhs/dvr)

## Workforce Innovation and Opportunity Act

This Act requires that the state Vocational Rehabilitation Program must provide employment related service earlier to students and youth with disabilities, starting at age 14. For more information, visit [nd.gov/dhs/dvr/wioa/wioa.html](http://nd.gov/dhs/dvr/wioa/wioa.html).

E-mail: [dhsvr@nd.gov](mailto:dhsvr@nd.gov)  
[nd.gov/dhs/dvr](http://nd.gov/dhs/dvr)



# Inpatient and Residential Facilities

## Anne Carlsen Center Jamestown

Anne Carlsen Center provides hospital-level care to a majority of the state's most medically-fragile children. To meet the needs of these individuals, the Center provides round-the-clock care. Keeping in line with the Center's overall goal of providing a holistic approach to an individual's personal, psychological, physical, and social well-being, the Center makes every effort to provide its residents opportunities for making connections and developing relationships with the Center's Jamestown Campus and the community.

701 3rd St. NW, PO Box 8000  
Jamestown, N.D. 58402  
Phone: 701.751.3732  
[annecarlsen.org/](http://annecarlsen.org/)



## Prairie St. John's

This is a fully-licensed and accredited inpatient facility offering services for children, adolescents, and adults to address mental health issues, substance use addiction, or co-occurring disorders.

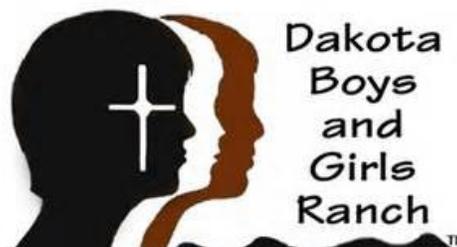
510 4th St. S.  
Fargo, N.D. 58103  
Phone: 701.476.7200 877.333.9596  
[prairie-stjohns.com/](http://prairie-stjohns.com/)



## Dakota Girls and Boys Ranch

Dakota Girls and Boys Ranch provides a place to heal for children ages 10-18, who have psychiatric, behavioral, and trauma issues. Children who come to the Ranch have a structured and safe environment in which to live, learn, and heal. They also have 24-hour access to highly trained and qualified staff who provide structure, direction, and teaching of skills they need to lead productive and satisfying lives.

There are residential treatment facilities in Minot, Bismarck, and Fargo, and thrift stores in eight locations throughout the state. For more information call 1.800.344.0957 or visit [dakotaranch.org](http://dakotaranch.org).



## Pride Manchester House

Pride Manchester House is a psychiatric residential treatment facility for children ages five to 13 years, who are residents of North Dakota and are diagnosed with an emotional disturbance. Lengths of stay vary according to the needs of the child.

1200 Missouri Ave.  
Bismarck, N.D. 58504  
Phone: 701.258.7838

[prideinc.org/sub-nav/programs-and-services/pride-manchester](http://prideinc.org/sub-nav/programs-and-services/pride-manchester)

## Rehab Services, Inc. (RSI) Children's Home

The RSI's Children's Home is a residential program that serves children with developmental disabilities such as autism or who are in need of ongoing medical support. The home focuses on family, community inclusion, and providing a real "home" for the children who live there.

112 2nd Ave. SW  
Minot, N.D. 58701  
Phone: 701.839.4240, Toll-Free: 800.258.8132

[rsiminot.com](http://rsiminot.com)



# Behavioral and Psychiatric Care

## Anne Carlsen Center

Consultative services and clinical oversight support are available through Behavior Support Coordinators, Board Certified Behavior Analysts (BCBAs), or Licensed Clinical Psychologists. Consultations and direct support services are designed to meet each individual's unique behavioral health needs and are focused on reducing challenging behaviors.

701 3rd St. NW, PO Box 8000  
Jamestown, N.D. 58402  
Phone: 701.252.3850 or 800.568.5175  
[annecarlsen.org](http://annecarlsen.org)



*Anne Carlsen*  
CENTER  
Nurturing abilities. Changing lives.

## Child and Family Therapy Associates

Child and Family Therapy Associates provide evaluation and psychotherapy to preschool, school-aged, teens, and college students and their families. The providers specialize in working with young to older aged adults, couples and families.

1121 Westrac Drive S., Suite 204  
Fargo, N.D. 58103  
Phone: 701.893.3419  
[caftamentalhealth.com](http://caftamentalhealth.com)



## Family Institute, PC.

The Family Institute provides psychological care and counseling to children, adults, and families in northeastern North Dakota and northwestern Minnesota areas.

**Fargo**  
4955 17<sup>th</sup> Ave. S., Suite 122  
Fargo, N.D. 58103  
Phone: 701.282.8510  
[familyinstitutepec.com](http://familyinstitutepec.com)

**Grand Forks**  
2100 S. Columbia Road, Suite 202  
Grand Forks, N.D. 58201  
Phone: 701.772.1588

## North Dakota Autism Center, Inc.

The North Dakota Autism Center is dedicated to helping people and families affected by ASD and other developmental disabilities through excellent care, therapy, advocacy and support. They provide services to West Fargo, Fargo, Moorhead and the surrounding area.

647 13th Ave. E.  
West Fargo, N.D. 58078  
Phone: 701.277.8844  
[ndaautismcenter.org](http://ndaautismcenter.org)



## Pediatric Partners Neurobehavioral Health

Pediatric Partners Neurobehavioral Health provides neuropsychology assessment, mental health counseling, occupational and speech therapy services from birth through adolescents. For more information, visit [pediatrictherapypartners.com/neurobehavioral-health](http://pediatrictherapypartners.com/neurobehavioral-health).

### Fargo

3060 Frontier Way S.  
Fargo, N.D. 58104  
Phone: 701.232.2340 888.875.5262

### Bismarck

4501 Coleman St. N., Suite 103  
Bismarck, N.D. 58503  
Phone: 701.751.6336

## St. Sophie's Psychiatric Care

A group of professionals dedicated to providing comprehensive mental health services for individuals of all ages.

3201 33rd St. S.  
Fargo, N.D. 58104  
Phone: 701.365.4488  
[st-sophies.com](http://st-sophies.com)



**Saint Sophie's**  
Psychiatric Center



# Organizations Statewide

## Anne Carlsen Center – Autism Services Program

Anne Carlsen Center’s mission is to make the world a more inclusive place where independence is a gift to all. Autism-related service, training and supports are provided to individuals and their families across the state of North Dakota. Highly trained professionals utilize evidence-based methods to maximize skill development and all are tailored to meet the needs and goals of each person and family.

1929 North Kavaney Drive  
Bismarck, N.D. 58501  
Phone: 701.751.3732  
[annecarlsen.org](http://annecarlsen.org)



## Autism Society

The purpose of the Autism Society is to increase public awareness; advocate for appropriate services; and provide information regarding treatment, education, research, and advocacy.

Phone: 800.328.8476 (800.3AUTISM)  
[autism-society.org](http://autism-society.org)



## Autism Speaks

Autism Speaks provides funding for research into the causes, prevention, treatments and a cure for autism; aims to increase awareness of autism spectrum disorders; and advocates for the needs of individuals with autism and their families.

Phone: 888.288.4762 (888.AUTISM2)  
[autismspeaks.org](http://autismspeaks.org)



## Catholic Charities of North Dakota

Catholic Charities builds and strengthens the lives of individuals, couples, and families across the state of North Dakota through therapy. It has programs for children, families, and adults with intellectual disabilities, and others in need, serving Catholics and non-Catholics alike.

5201 Bishops Blvd., Suite B  
Fargo, N.D. 58104  
Phone: 701-235-4457, Ext 404  
Fax: 701-356-7993  
[catholiccharitiesnd.org](http://catholiccharitiesnd.org)



### Community Living Services, Inc.

Community Living Services, Inc. works to improve the quality of life for individuals with disabilities through the provision of support services, which assist people in living and working independently in the community.

1001 28th St. S.  
Fargo, N.D. 58103  
Phone: 701.232.3133  
[communitylivingservices.org](http://communitylivingservices.org)



### Community Options, Inc.

Community Options exists to help people live individually and be active in their community by providing residential, day, in-home, and family support services.

4909 Shelburne St.  
Bismarck, N.D. 58503  
Phone: 701.223.2417  
[communityoptionsnd.com](http://communityoptionsnd.com)



### Development Homes, Inc.

Development Homes is committed to the provision of quality community-based support services to persons with disabilities, which will enable them to maximize their individual potential and fulfill their personal dreams.

3880 South Columbia Road  
Grand Forks, N.D. 58201  
Phone: 701.335.4000  
[developmenthomes.org/welcome.html](http://developmenthomes.org/welcome.html)



### Fraser, Ltd.'s Valley Hope Counseling

Valley Hope Counseling provides confidential therapy services in a comfortable atmosphere for children, teens, and adults.

2902 University Drive S.  
Fargo, N.D. 58103  
Phone: 701.232.3301  
Email: [fraser@fraserltd.org](mailto:fraser@fraserltd.org)  
[fraserltd.org/default.aspx](http://fraserltd.org/default.aspx)



## Heart of Behavior

Heart of Behavior offers evidence-based behavior methods to improve the behavioral health of children, families, and the community to live a healthier happier life. Heart of Behavior provides individual services for all children to nurture their specific behavior needs that are inhibiting them from being successful at home, school and/or in the community. Services are for all children including those with: ADD, ADHD, ASD, ODD, Down syndrome, anxiety, social/emotional disorders, challenging behaviors, and children who have no clinical diagnosis.

Serving North Dakota & Western Minnesota  
Fargo, N.D. 58102  
Phone: 701.404.7811  
Email: [info@heartofbehavior.com](mailto:info@heartofbehavior.com)  
[heartofbehavior.com](http://heartofbehavior.com)



## Lutheran Social Services of North Dakota

This statewide social ministry provides nonprofit housing, food, disaster recovery, counseling and therapy, and other services to those in need.

Fargo Program Center  
3911 20th Ave. S.  
Fargo, N.D. 58103  
Phone: 701.235.7341  
[lss-nd.org](http://lss-nd.org)



## National Autism Association of Central North Dakota

The purpose of this organization is to create direct-assistance programs for families affected by autism; and to provide autism research funding, ongoing advocacy, support and education.

Phone: 877.622.2884 (877.NAA.AUTISM)  
[nationalautismassociation.org](http://nationalautismassociation.org)



## Easter Seals Goodwill ND, Inc.

Easter Seals Goodwill services include, but are not limited to, respite, or relief care; personal care services and domestic homemaker services; equipment loan; advocacy for individuals with disabilities; and information and referral. Visit [esgwnd.org](http://esgwnd.org) for more information.

**Dickinson**  
2125 Sims St., PO Box 361  
Dickinson, N.D. 58602  
Phone: 866.895.1587

**Fargo**  
3333 7th Ave. N.  
Fargo, N.D. 58102  
Phone: 866.895.1588

### Grand Forks

3651 South Washington St.  
Grand Forks, N.D. 58201  
Phone: 866.876.1015

### Jamestown

402 14th Ave. NE #1  
Jamestown, N.D. 58401  
Phone: 701.251.1446 or 866.897.6004

### Mandan

211 Collins Ave., PO Box 1206  
Mandan, N.D. 58554  
Phone: 701.663.6828 or  
800.247.0698

### Minot

800 12th Ave. SW  
Minot, N.D. 58701



## North Dakota Assistive

Services include information and referral, training, technical assistance to systems and individuals, equipment loan library, outreach activities, a link between state and private entities, resource development, alternative loan program, and dissemination of assistive technology materials based on consumer input. Visit [ndassistive.org](http://ndassistive.org) for more information.

### Mandan

2401 46th Ave. SE, Suite 203  
Mandan, N.D. 58554  
Phone: 701.258.4728 or  
888.540.4728

### Fargo

3240 15th St. S., Suite B  
Fargo, N.D. 58104  
Phone: 701.365.4728 or  
800.895.4728

## ND Chapter - March of Dimes Birth Defects Foundation

March of Dimes fights for the health of all moms and babies by supporting research lead programs and providing education and advocacy so that every baby can have the best possible start.

1712 Main Ave., Suite 101  
Fargo, N.D. 58103  
Phone: 701.235.5530  
[marchofdimes.org/northdakota](http://marchofdimes.org/northdakota)



## ND Center for Persons with Disabilities

NDCPD provides service, education, and research which empowers communities to welcome, value and support the well-being and quality of life for people of all ages and abilities.

Minot State University  
500 University Ave. W.  
Minot, N.D. 58707  
Phone: 800.233.1737  
[ndcpd.org](http://ndcpd.org)



## Shriners Hospitals for Children—Twin Cities

Shriners Hospitals for Children provides care for children (age 17 and younger) with orthopedic problems and burns. Evaluation clinics are offered throughout North Dakota.

Shriners Hospital for Children –Twin Cities

Phone: 888.293.2832

Patient referral line: 800.237.5055

[www.shrinershospitalsforchildren.org/Locations/TwinCities](http://www.shrinershospitalsforchildren.org/Locations/TwinCities)



**Shriners Hospitals**  
for Children™

## The Arc of North Dakota

The Arc is a member and volunteer-driven nonprofit organization that offers advocacy, education and family support to children and adults with intellectual disabilities and related developmental disabilities and their families.

### Bismarck

The Arc of Bismarck  
1500 E/ Capitol, Suite 203  
Bismarck, N.D. 58501  
Phone: 701.222.1854  
[thearcobismarck.org](http://thearcobismarck.org)

### Grand Forks

The Arc, Upper Valley  
2500 DeMers Ave.  
Grand Forks, N.D. 58201  
Phone: 701.772.6191  
[thearcuppervalley.org](http://thearcuppervalley.org)

### Dickinson

The Arc of Dickinson  
140 2nd. St. W., PO Box 1421  
Dickinson, N.D. 58601  
Phone: 701.483.4272  
[arcdickinson.org](http://arcdickinson.org)

### Valley City

The Arc of Barnes County  
141 2nd St. NE  
Valley City, N.D. 58072  
Phone: 701.845.4189

### Fargo

The Arc of Cass County  
215 North University Drive  
Fargo, N.D. 58102  
Phone: 701.293.8191  
[arccassnd.org](http://arccassnd.org)

### Bowman

Little Missouri Arc  
403 2nd Ave. SE  
Bowman, N.D. 58623  
Phone: 701.523.3330



*For people with intellectual  
and developmental disabilities*

# Libraries

## **North Dakota Center for Persons with Disabilities**

500 University Ave. W, Minot, N.D. 58707  
Phone: 701.858.3580 or toll-free 800.233.1737  
[ndcpd.org/](http://ndcpd.org/)

## **North Dakota State Library**

604 East Boulevard Ave., Bismarck, N.D. 58505  
Phone: 701.328.4622 or toll-free 800.472.2104  
[library.nd.gov](http://library.nd.gov)

## **Pathfinder Services of North Dakota Library**

Phone: 701.837.7500 or toll-free 800.245.5840  
[pathfinder-nd.org](http://pathfinder-nd.org) \*Click on Resources link on top right of page

## **Prevention Resource and Media Center**

Topics in mental health, substance abuse, aging and disabilities.  
1237 W Divide Ave., Suite 1D, Bismarck, N.D. 58501  
Phone: 701.328.8919 or toll-free 800.642.6744  
[prevention.nd.gov/](http://prevention.nd.gov/)



# Education

## Early Childhood/School-Age Services

### AuSome Kids Day Program

The AuSome Kids Day Program is a center-based childcare program licensed by the North Dakota Department of Human Services for preschool and school-aged children that focuses on the unique needs of children with ASD and other developmental disabilities or challenging behaviors. The ND Child Care Assistance Program and the ND Autism Voucher helps income-eligible families pay for childcare while they work or attend school/training.

North Dakota Autism Center, Inc.  
647 13th Ave. E.  
West Fargo, N.D. 58078  
Phone: 701.277.8844  
[ndautismcenter.org](http://ndautismcenter.org)



### Little Miracles

A locally owned and operated center dedicated to quality child care and pediatric therapy services. For more information visit [littlemiraclesinc.com](http://littlemiraclesinc.com).

**Child Care Center**  
2200 Library Circle  
Grand Forks, N.D. 58201  
Phone: 701.757.2155

**Pediatric Therapy Clinic**  
2951 South 34th St.  
Grand Forks, N.D. 58201  
Phone: 701.772.3851

### The Enrichment Garden

The Enrichment Garden is a licensed childcare and therapy center that strives to foster enrichment of each child's communicative, social, sensory, motor, educational, and emotional development.

1911 North 11th St.  
Bismarck, N.D. 58501  
Phone: 701.258.1569  
[theenrichmentgardennd.com](http://theenrichmentgardennd.com)



## Head Start

Head Start and Early Head Start are comprehensive child development programs. Regular Head Start programs are for children ages 3 and 4. Some communities offer a program specifically for families with children younger than 3 and pregnant women. A variety of services are provided through Head Start programs including health, education, parent involvement, family literacy, social services and services for children with disabilities.

Head Start State Collaboration Office  
Phone: 701.328.1640  
[nd.gov/dpi/SchoolStaff/ECE/HeadStart](http://nd.gov/dpi/SchoolStaff/ECE/HeadStart)



## School Nursing

The purpose of school nursing is to support the educational process by contributing positively and significantly to the health, health attitudes and health behaviors of today's children, and consequently, tomorrow's adults. Contact the Department of Health at 701.328.2436 for more details.

## Special Education

It is important to locate and identify children who are in need of special services as early as possible. Screening and assessment opportunities offered at school help identify possible areas of difficulty that could interfere with a child's learning or academic performance. Some children with disabilities may require special education services to address their unique educational needs. Contact the Department of Public Instruction at 701.328.2260 or your local special education unit. Visit [nd.gov/dpi](http://nd.gov/dpi) for more information.

## Pathfinder Services of ND

Pathfinder Services of ND provides statewide parent training and information to help families of children and youth with learning difficulties.

1015 S. Broadway, Suite 42  
Minot, N.D. 58701  
Phone: 701.837.7500 or 800.245.5840  
[pathfinder-nd.org](http://pathfinder-nd.org)

A link to free ASD training modules for educators can be found at:  
[txautism.net/resources](http://txautism.net/resources).

## Transition-Age/Adult Vocational Services

### Regional Center for Independent Living (RCIL)

RCIL provide services that help young people with disabilities with the transition from home and school to the work place and independent living. Visit [rcil.org](http://rcil.org) for more information.

#### **Dakota Center for Independent Living**

3111 East Broadway Ave.  
Bismarck, N.D. 58501  
Phone: 701.222.3636 or 800.489.5013  
[ndautismcenter.org](http://ndautismcenter.org)

#### **Independence, Inc.**

2000 E. Burdick Expressway  
Minot, N.D. 58701  
Phone: 701.839.4724 or 800.377.5114

#### **Freedom Resource Center**

2701 9th Ave. S., Suite H  
Fargo, N.D. 58103  
Phone: 701.478.0459 or 800.450.0459

#### **Dakota Center For Independent Living**

26 First St. E  
Dickinson, N.D. 58601  
Phone: 701.483.4363

### HAV-IT

HAV-IT provides supportive services to people with intellectual disabilities. Contact 701.324.4636 or visit [hav-it.org](http://hav-it.org) for more details.

### ND Division of Vocational Rehabilitation

Vocational Rehabilitation assists individuals with disabilities to improve their employment opportunities and assists businesses in solving disability-related issues.

1237 West Divide Ave., Suite 1B  
Bismarck, N.D. 58501  
Phone: 701.328.8950  
[nd.gov/dhs/dvr](http://nd.gov/dhs/dvr)

### Mind Shift

Mind Shift harnesses the special characteristics and talents of people with ASD and uses them as a competitive advantage, and as a means to help people with ASD secure meaningful employment.

403 Center Ave., Suite 702  
Moorhead, M.N. 56560  
Phone: 866.884.7144  
Email: [info@mindshift.works](mailto:info@mindshift.works)  
[mindshift.works](http://mindshift.works)



# Health Care Coverage Options

## Medical Coverage

Medicaid provides comprehensive medical, dental and vision coverage to North Dakota children and adults through a variety of coverage programs and waivers.

600 East Boulevard Ave., Dept. 325  
Bismarck, N.D. 58505  
Phone: 701.328.7068 or 800.755.2604  
Email: [dhsmed@nd.gov](mailto:dhsmed@nd.gov)  
[nd.gov/dhs/services/medicalserv/medicaid](http://nd.gov/dhs/services/medicalserv/medicaid)

\*Families seeking behavioral intervention services under the Medicaid State Plan will need to complete this checklist prior to evaluation and diagnosis.

Visit [m-chat.org/mchat.php](http://m-chat.org/mchat.php) to access the checklist.

## Children with Disabilities Medicaid Coverage

This program allows qualifying children with disabilities to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local county social service office.

## Children and Family Coverage

Coverage is available to children younger than 21, pregnant women, and adult caretakers of deprived children. Most receive full coverage; however, some with higher income may be required to pay for a portion of their care. Apply at your local county social service office.

## Children's Hospice Services Waiver

The Children's Hospice Waiver provides support to families so they can care for their children (from birth through age 21) in their homes as long as possible, avoiding lengthy stays and delaying or avoiding institutional care. The child must have a diagnosis and not be expected to live longer than one year. The program also allows families to access treatments that focus on curative and comfort care for their children.

Phone: 701.328.4630

## Children with Medically Fragile Needs Medicaid Waiver

This Medicaid Waiver is designed to assist qualifying medically fragile children between ages three and 18 years. The child must be living at home, be Medicaid eligible, be able to meet Level of Care criteria for a nursing home, and meet criteria based on the Level of Need.

Phone: 701.328.4630

## Home and Community-Based Services Waiver

Alternative services are provided for individuals with disabilities who are at least 18 years of age and individuals older than 65 who are eligible for the Medicaid Program and have medical needs that would qualify them to enter a nursing facility. The waiver allows North Dakota to pay for services needed for these individuals to remain in their own homes or community settings. Recipients may be required to pay for a portion of their care based on income. Apply at your local county social service office.

## Medicaid Expansion Provides Coverage

Coverage is available to individuals under age 65 with household income up to 138 percent of the Federal Poverty Level (FPL). Individuals eligible for Medicare or Supplemental Security Income (SSI) are not eligible for coverage under Medicaid Expansion. Visit [nd.gov/dhs/eligibility](https://nd.gov/dhs/eligibility) for more information.

## Intellectual Disabilities/Developmental Disabilities Waiver

This waiver assists eligible individuals with intellectual disabilities and developmental disabilities to remain living at home and in the community. This serves individuals through their lifespan (both children and adults). Services offered under the waiver include Developmental Disabilities Program Management; Infant Development (for children from birth to age 3); In-Home Supports; Assistance with cost of equipment, supplies, and environmental modifications; and Adult Services such as day services, job coaching, and residential services. Apply by contacting the Developmental Disabilities Unit at one of the regional human service centers found online at [nd.gov/dhs/locations/regionalhsc](https://nd.gov/dhs/locations/regionalhsc).

## Workers with Disabilities Medicaid Coverage

This coverage allows some individuals with disabilities who want to work, or who are already working and want to increase their earnings, to do so without fear of losing their Medicaid coverage. It allows qualifying individuals to buy into Medicaid. The program provides comprehensive coverage through Medicaid, including dental and mental health coverage, in return for a premium. Apply at your local county social service office.

## Healthy Steps

This is a benefit program for eligible North Dakota children up to age 19 who do not have a source of health care coverage. The program offers comprehensive medical, dental and vision coverage.

Phone: 877.KIDS.NOW or 877.543.7669

## Special Health Services Financial Coverage Program

Helps families pay for medical services for eligible children, youth, and young adults who require specialty care to diagnose and treat their chronic health conditions.

Phone: 800.755.2714 or 701.328.2436

[ndhealth.gov/cshs/program.htm](https://ndhealth.gov/cshs/program.htm)

## Get Covered North Dakota

This program links North Dakota residents with enrollment specialists in their local communities. Free impartial assistance is available to help consumers understand and find affordable health-care coverage. For more information, visit [getcoverednorthdakota.org](http://getcoverednorthdakota.org).

## Health Insurance Marketplace (HIM)

The HIM enables individuals to find quality health coverage. It can help if you or your child(ren) don't have coverage now, or if you have it but want to look at other options. It is designed to provide coverage that meets your needs, fits your budget, as well as options for qualifying for free or low-cost coverage through Medicaid or Healthy Steps/Children's Health Insurance Program (CHIP).

Phone: 800.318.2596

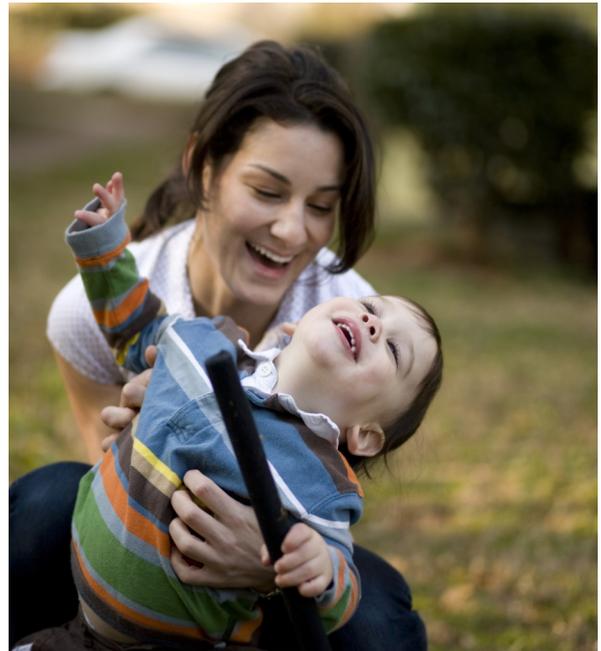
[healthcare.gov](http://healthcare.gov)  
[ndcpd.org](http://ndcpd.org)

## Comprehensive Health Association of North Dakota (CHAND)

CHAND provides comprehensive health insurance to residents of North Dakota who have been denied health insurance or are considered high risk.

Phone: 844.363.8457

[chand.org](http://chand.org)



## Student Health Plans

These plans are available for purchase by students who don't have health insurance through a parent's health insurance policy or who have limited coverage due to network service areas. Student plans are sold by an insurer that has contracted with a college to offer coverage to its students. In general, these plans have more limited benefits and more exclusions than traditional health insurance plans. Contact an insurance agent to inquire about student health plans.

[healthcare.gov/young-adults/college-students/](http://healthcare.gov/young-adults/college-students/)

## Vision Coverage

### InfantSEE®

This is a public health program designed to ensure early detection of eye conditions in babies. Member optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage.

Phone: 888.396.3937

[infantsee.org](http://infantsee.org)

### New Eyes for the Needy

New prescription eyeglasses are available through a voucher program for children and adults in the U.S. who cannot afford glasses on their own. Visit [new-eyes.org](http://new-eyes.org) or call 973.376.4903 for more information.

### Vision USA

Vision USA provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

Phone: 701.258.6766

[ndeyecare.com](http://ndeyecare.com)

### VSP Sight for Students

VSP is a charity that provides free vision exams and glasses to low-income, uninsured children.

Phone: 888.290.4964

[sightforstudents.org](http://sightforstudents.org)



## Prescription Coverage

### Prescription Connection

This is a program of the North Dakota Insurance Department that connects kids and families with free and discounted prescription drugs direct from the pharmaceutical manufacturer.

Phone: 888.575.6611 or 701.328.2440  
[rxconnectnd.org](http://rxconnectnd.org)

### ND Prescription Drug Repository Program

The repository collects and distributes donated medications from hospitals, hospices and other facilities so that pharmacies and physicians can dispense them to those who struggle paying for prescriptions regardless of insurance coverage. The medications and supplies are unopened and secure but cannot be resold to patients. Visit [nodakpharmacy.com](http://nodakpharmacy.com) for more information.

### NeedyMeds

NeedyMeds offers a database of medications that can be obtained free or at low cost by uninsured, low-income patients, usually through manufacturer programs.

Phone: 800.503.6897  
[needymeds.org](http://needymeds.org)

### Partnership for Prescription Assistance

A single point of access is available to more than 475 public and private patient assistance programs. It is funded by pharmaceutical companies.

Phone: 888.477.2669  
[pparx.org](http://pparx.org)

### RX Assist

RX Assist provides consumer information, resources, news and a directory of patient assistance programs that offer affordable or free medications.

Email: [info@rxassist.org](mailto:info@rxassist.org)  
[rxassist.org](http://rxassist.org)

## Dental Coverage

Safety Net Dental Clinics are programs that usually see patients who do not have other access to dental care. The patients typically are covered by Medicaid or the clinic offers sliding fee schedules or reduced fees.

### Bridging the Dental Gap

This is a nonprofit community dental clinic serving low-income and uninsured individuals in the Bismarck-Mandan area.

Phone: 701.221.0518  
[dentalgap.org](http://dentalgap.org)

### Family Healthcare Center Dental Clinic

This is a federally qualified community health center serving low-income and uninsured individuals within the Fargo/Red River Valley Region.

Phone: 701.271.3344  
[famhealthcare.org](http://famhealthcare.org)

### Northland Community Health Center Dental Clinic

This clinic is part of a federally qualified community health center serving low-income, uninsured, and insured individuals of all ages in central North Dakota.

Phone: 701.448.9111  
[northlandchc.org](http://northlandchc.org)

### Red River Valley Dental Access Project

This project serves low-income, uninsured, and Medicaid-eligible individuals who have urgent dental pain and do not have access to a dentist in Fargo-Moorhead.

Phone: 218.790.7790  
[rrdentalaccess.com](http://rrdentalaccess.com)

### Valley Community Health Center Dental Clinic

This is a federally qualified health center that serves low-income, uninsured, and insured individuals of all ages in the Northern Red River Valley.

Phone: 701.757.2100  
[valleychc.org](http://valleychc.org)

### North Dakota Donated Dental Services

This is a network of volunteer dentists who provide dental care to the state's most vulnerable people: disabled, elderly, or medically compromised individuals who cannot afford necessary treatment nor get public aid.

Phone: 866.201.5906  
[dentallifeline.org/north-dakota](http://dentallifeline.org/north-dakota)

### Jerene's Wish

Jerene's Wish is a program that provides orthodontic treatment at minimal costs to eligible children. For more information, contact Warford Orthodontics.

Phone: 701.255.1311

E-mail: [info@warfordorthodontics.com](mailto:info@warfordorthodontics.com)  
[jereneswish.com](http://jereneswish.com)

### Smiles Change Lives

This program promotes and provides access to essential orthodontic treatment for children from low-income families.

Phone: 888.900.3554

[smileschangelives.org](http://smileschangelives.org)

### The Ronald McDonald Care Mobile

This is a mobile dental clinic on wheels that delivers urgently needed dental care to underserved children from birth through age 21 in their own neighborhoods in the western half of North Dakota. The Ronald McDonald Care Mobile treats children who do not have a regular dentist and who have not seen a dentist within the past two years.

Phone: 701.258.8551

[rmhcbismarck.org/caremobile](http://rmhcbismarck.org/caremobile)



## Health Care Programs

### Shriners Hospitals for Children

Shriners Hospitals for Children provides care for children (age 17 and younger) with orthopedic problems and burns. Evaluation clinics are offered throughout North Dakota.

Phone: 800.237.5055  
[shrinershospitalsforchildren.org](http://shrinershospitalsforchildren.org)

### Community Health Centers (CHC)

CHC's serve all patients regardless of their ability to pay for services. CHC's are located in Beulah, Bismarck, Bowbells, Center, Fargo, Grafton, Grand Forks, Hazen, Killdeer, Larimore, McClusky, Minot, Northwood, Rolette, Rolla, Turtle Lake, and West Fargo.

Phone: 701.221.9824

### North Dakota Association for the Disabled (NDAD)

NDAD may provide help with fundraising or some financial assistance for individuals with disabilities.

Phone: 800.532.6323  
[ndad.org](http://ndad.org)

### United Health Care Children's Foundation

This foundation supports the concept of facilitating access to health-related services that have the potential to significantly enhance either the clinical condition or the quality of life of the child and that are not fully covered by an available commercial health benefit plan. The Foundation provides financial assistance toward the family's share of the cost of medical services.

Phone: 855.698.4223  
[uhccf.org](http://uhccf.org)

### Indian Health Service (IHS)

IHS provides health services to American Indians and Alaskan Natives who belong to federally recognized tribes. The IHS administers health services through IHS facilities, through tribally-operated facilities and by contracting for health services.

[ihs.gov](http://ihs.gov)

*Service Organizations such as the Elks, Kiwanis, Sertoma, Lions and Quota may offer assistance with medical-related expenses. Check the local phone book for contact numbers.*

This is not an all-inclusive list of health care coverage options.

# Websites

## Condition-Specific Websites

**Anne Carlsen Center**  
[annecarlsen.org](http://annecarlsen.org)

**Autism 101 for EMS Providers**  
[papremisealert.com](http://papremisealert.com)

**Autism Now**  
[autismnow.org](http://autismnow.org)

**Autism Speaks**  
[autismspeaks.org](http://autismspeaks.org)

**Autism Web**  
[autismweb2.com](http://autismweb2.com)

**Autism Society of America**  
[autism-society.org](http://autism-society.org)

**Autism Research Institute**  
[autism.com](http://autism.com)

**Autism Today**  
[autismtoday.com](http://autismtoday.com)

**C.A.R.D.**  
[centerforautism.com](http://centerforautism.com)

**National Autism Association**  
[nationalautismassociation.org](http://nationalautismassociation.org)

**North Dakota Autism Center**  
[ndautismcenter.org](http://ndautismcenter.org)

**Ohio Center for Autism and  
Low Incidence**  
[ocali.org](http://ocali.org)

**Red River Valley Asperger Network**  
[rrvan.net](http://rrvan.net)

**American Academy of Pediatrics  
Resources on Autism**  
Go to [aap.org](http://aap.org) and then search "autism"

**Autism Link**  
[autismlink.com](http://autismlink.com)

**Autism Intervention Research  
Network on Physical Health**  
[airnetwork.org](http://airnetwork.org)

## Additional Websites for Families of Children with Special Health Care Needs

**American Academy of Pediatrics**  
[aap.org](http://aap.org)

**Bright Futures**  
[brightfutures.org](http://brightfutures.org)

**CDC Parent Information**  
[cdc.gov/parents](http://cdc.gov/parents)

**Dr. Greene's House Calls**  
[drgreene.com](http://drgreene.com)

**Early Intervention**  
[nd.gov/dhs/services/disabilities/earlyintervention](http://nd.gov/dhs/services/disabilities/earlyintervention)

**Family Village**  
[thevillagefamily.org](http://thevillagefamily.org)

**Gillette Children's Specialty Healthcare**  
[gillettechildrens.org](http://gillettechildrens.org)

**Got Transition**  
[gottransition.org](http://gottransition.org)

**Healthy Children**  
[healthychildren.org](http://healthychildren.org)

**Institute for Child Health Policy (ICHP)**  
[ichp.ufl.edu](http://ichp.ufl.edu)

**Kids As Self Advocates (KASA)**  
[fvkasa.org](http://fvkasa.org)

**Mayo Health Clinic**  
[mayoclinic.org](http://mayoclinic.org)

**Medical Home Portal**  
[medicalhomeportal.org](http://medicalhomeportal.org)

**MUMS (parent support)**  
[mums-network.org](http://mums-network.org)

**National Center for Medical Home Implementation**  
[medicalhomeinfo.aap.org](http://medicalhomeinfo.aap.org)

**National Organization for Rare Disorders (NORD)**  
[rarediseases.org](http://rarediseases.org)

**ParentsPlace**  
[parentsplace.jfcs.org](http://parentsplace.jfcs.org)

**Social Security Administration**  
[ssa.gov](http://ssa.gov)

**Starlight/Starbright Children's Foundation**  
[starlight.org](http://starlight.org)

**University of Minnesota Masonic Children's Hospital**  
[mhealth.org/childrens](http://mhealth.org/childrens)



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[www.ndhealth.gov/cshs](http://www.ndhealth.gov/cshs)

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